



**LEARN AUSLAN AT HOME – AUSTRALIAN SIGN LANGUAGE** For a long time we have been trying to get a tutor for Auslan without any success, however your Editor has come across this FREE online course that may be helpful for those members who wish to learn this language . Click onto [https://my.sendinblue.com/users/subscribe/js\\_id/2acn8/id/1](https://my.sendinblue.com/users/subscribe/js_id/2acn8/id/1) and sign up and you will receive one lesson per week of around 10 signs for you to learn and practise which aims to teach you some basic Auslan. There will also be posts about Deafness, the Deaf Community and Deaf Culture.



**MORE CLASSES FOR TERM 4** In the last Bulletin we published a list of some of the new classes for Term 4 and full details of these classes can be found on our website [www.gm-u3a.com.au](http://www.gm-u3a.com.au) under Term 4 classes or if you have a copy of Bulletin No. 16 you can check that. Below are listed some of the popular classes that have been offered before that will be returning in Term 4.

**ARGYLE ART** If enough interest is shown, we will be re-starting an art group in Term 4, at our new venue, *The U3A Depot*. If you are interested in doing such a class, please let the office know, 4822 5186, or email [info@gm-u3a.com.au](mailto:info@gm-u3a.com.au)

**ARMCHAIR TRAVEL** *Armchair Travel* will re-commence twice a term from Term 4 on Saturday, October 28 and Saturday, November 25, this will also be at *The U3A Depot*

**LET'S EXPLORE** Will be back, commencing with the trip to *Floriade* on Wednesday, October 11 (*we will be back to our normal Thursday for our November trip*) Tickets are now available \$20 We need to finalise bookings by Wednesday, 20th September, as we do not open during term holidays, and the trip is just 2 days after the beginning of Term 4.

**TAI CHI 4 ARTHRITIS** Who said Friday the 13th is unlucky? I think it is a very lucky date because this is the day that *Tai Chi 4 Arthritis* will be re-starting now that the weather is starting to get warmer. It will be held at its usual venue *Goulburn Community Gardens from 12.30pm till 1.30pm* each week.

**INTERNATIONAL DAY OF OLDER PERSONS** In 1990 the United Nations General Assembly designated October 1st as the International Day of Older Persons which is dedicated to honour, respect and care for the world's older persons. Did you know that according to the United Nations “one out of every ten person is now 60 years or older; by 2150, it will be one in three” so do something nice for someone older than yourself on October 1st.



**BANGERS & BUSH POETRY** Due to the very cold and windy weather we have experienced during Term 3, it was decided to delay having our Sausage Sizzle at the Yurt Farm to sometime in Term 4 when, hopefully, the weather will be more pleasant, so please look in the next Bulletin (due out October 10) for more information about what promises to be a great day of fun, food and friendship.

### **TERM 3 HOLIDAYS**

We will be breaking for our term 3 holidays Sunday, September 24 and will resume on Monday, October 9. The office will not be open during that time. Members can enrol for Term 4 classes anytime in the rest of Term 3 – in person at the office during office hour or by email anytime [info@gm-u3a.com.au](mailto:info@gm-u3a.com.au) You can download a copy of the Enrolment Form & T4 Timetable from our website or pick them up from the office.

### **OFFICE HOURS FOR THE REST OF TERM 3**

#### **McDERMOTT CENTRE OFFICE**

MONDAYS, SEPTEMBER 11th & 18th 11am – 1pm

#### **U3A ANNEXE OFFICE**

TUESDAY, SEPTEMBER 12th & WEDNESDAY, SEPTEMBER 20th 10am – 12 noon

*“What we learn with pleasure we never forget”* Alfred Mercier