

Goulburn Mulwaree U3A

RISK MANAGEMENT

I acknowledge that I am voluntarily participating in a U3A Goulburn Mulwaree Inc activity and I accept responsibility for all that I do as part of activity.

I am aware that this may expose me to risk that could lead to injury, illness and possible loss of property, or income if remedial services are necessary.

I will listen to instructions and precautions given and participate within my capabilities having checked the degree of difficulty of the activity prior to participation.

I will advise the Tutor of any physical or other limitations that might affect my participation in any activity.

I will make every effort to follow the Tutor's instructions and inform the Tutor if I intend to leave the group at any time.

I will carry adequate food and water for the day's activity and ensure that my equipment, including clothing and footwear, is appropriate for that activity.

I have read and understood these requirements. I have considered the risks before choosing to sign this form.

I still wish to participate within these conditions.

I accept that in signing this form I am waiving my rights to sue the Tutor, U3A Goulburn Mulwaree Inc. and other participants.

No.	Name (please print)	Signature	Emergency Contact
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Tutor Date